

Independent Education Union Victoria Tasmania and Ballarat Region Health and Safety Network Present

Is Close Enough Good Enough? OHS series

STRESS

Stress is insidious - too much of it can damage our health, undermine our relationships and impact negatively on the workplace.

This meeting of the network will focus on what stress is, how it impacts on us and how work-related stress in particular must be addressed. We will examine new initiatives from WorkSafe to identify and eliminate stress in the workplace, get an update on WorkSafe's Stress in Education Compliance project and hear about action we as individuals can take to eliminate work related stress.

School leaders and safety reps are particularly encouraged to attend together.

Friday 3 March, 10am – 1.00pm

St Patrick's College 1431 Sturt Street Ballarat

Free entry for IEU members. Non-members welcome.

Registration begins at 9.30am. For information, email ohs@ieuvictas.org.au, quoting HSS171

