

OCTOPUSES, TIMEBOMBS AND ANACONDAS

The title is written in large, red, stylized letters with a white outline. To the left of the text is a cartoon octopus. In the center is a black time bomb with a lit fuse. To the right is a green anaconda.

Principals' OHS Training 2017

As a principal or school leader, when it comes to managing health and safety, do you sometimes feel more like an octopus than educator? Are you so busy looking after the health and safety of your staff that you forget to take care of yourself?

Physical hazards in the workplace are more often easy to see and easy to fix. The hidden hazards of occupational violence, bullying, stress and excessive workload are not, they lurk like an anaconda in a still pond. These hazards can be found and fixed, but it takes persistence, commitment and leadership to do so.

This four-part course is designed to open up your thinking on how to catch and kill that anaconda. It will build your capacity to respond to the hazards in your workplace, what is required of you as a school leader - when it comes to managing health and safety - and provide valuable tips on how to look after yourself.

In 2017 we introduce a new stream: 'The Healthy Self - It's all

about me!' This stream is an opportunity to reflect about your own health and safety and how to support your longevity and quality of life. We all have habits that probably began as strategies to deal with challenges, habits that no longer serve us and may well now undermine us. 'The Healthy Self - it's all about me!' is your opportunity to ponder the question: can I change my behaviour and break habits?

You can book into each day individually, but you will gain the greatest understanding of these hazards by attending all four.

This course is open to principals and anyone with a school leadership role. Book early to secure your spot.

**All sessions: 9.30am - 4.00pm and FREE for IEU Members.
Non-members pay \$250 per day or \$850 for all four days
Venue: FEU Conference Centre, 120 Clarendon St South Melbourne**

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